

Primary Care Providers and Health Services for the Bridgeport Community

Resources for community members who are uninsured/underinsured



Access Health CT

Contact: www.accesseshealthct.com or 855-805-4325

Access Health CT (AHCT) is Connecticut's official health insurance marketplace, where you can shop, compare and enroll in quality health and dental plans. It is also the only place where you can qualify for financial help to lower your costs, and if eligible, enroll in no- or low-cost coverage through HUSKY Health Programs (Medicaid/Children's Health Insurance Program (CHIP)) or Covered Connecticut Program.

AmeriCares Free Clinic of Bridgeport



115 Highland Avenue, Bridgeport, CT: 203-333-9175 • Monday - Thursday 9:00 am – 5:00 pm

Adult medical services available for low income, uninsured community members who live in Bridgeport, Fairfield, Milford, Monroe, Westport, Shelton, Stratford or Trumbull, and who have been in the US for at least six months. Care includes essential medication, laboratory testing; some diagnostic testing and specialty care available. Call to determine eligibility; appointments required; please, no walk-ins. All patients must bring photo ID (official ID required; expired official ID acceptable), proof of income and proof of address, and may require a Medicaid denial letter. Adults ages 18 and older only.



Bridgeport Health Department

999 Broad Street, Bridgeport, CT: 203-576-7680 • Monday-Friday 8:00 am – 5:00 pm

Family Health & Wellness Clinic:

99 Middle Street, Bridgeport; 203-576-7468
STD Clinic Tuesday and Thursday, 10:00 am - 3:00 pm

Lead Poisoning Prevention:

999 Broad Street, Bridgeport; 203-576-8419
Testing, inspections, and outreach

Social Services:

999 Broad Street, Bridgeport; 203-576-7416
Case management and referrals, handicapped parking permits, emergency relocation assistance

Veteran's Affairs:

752 East Main Street 203-576-8348
Daily transportation to VA Hospital, food pantry, information, and referrals

Vital Statistics:

999 Broad Street, Bridgeport; 203-576-7476
Monday – Friday 9:00 am – 4:30 pm
Receive, record, maintain, and preserve all births, deaths and marriages



The Primary Care Center at Bridgeport Hospital

226 Mill Hill Ave, Bridgeport, CT: 203-384-3235 • Monday-Friday 8:30 am – 5:00 pm

Medical/Surgical Clinic Specialties:

Cardiology, Diabetes, Endocrine, GI, OB/GYN, Hepatology, Neurology, Orthopedic, Podiatry, Pulmonology, Medication Assistance, Rheumatology

Yale New Haven Children's Hospital Pediatric Clinic
(Bridgeport Hospital location)

203-384-3079

Financial Assistance Programs at Bridgeport Hospital (Scan QR code for application and instructions.)



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Hartford HealthCare Neighborhood Health

Contact: 860-986-3078 or hartfordhealthcare.org/health-wellness/neighborhood-health

The Neighborhood Health initiative helps bring health prevention services and support directly to the people of Greater Bridgeport through community clinics four dates per month. Services include screenings, lab tests, mental health counseling, medical referrals, education, and immunizations. Medical support to address urgent needs is also available. No appointment or insurance required.

Clinics are held on the 1st Tuesday, 2nd Wednesday, 3rd Tuesday, and 4th Wednesday of each month, from 10:00 AM to 2:00 PM. Locations vary by date. Scan QR code for more details.



Hope Charitable Pharmacy of Greater Bridgeport

2660 Main Street, Bridgeport, CT: 203-332-5653 • Monday, Tuesday & Thursday 9:00 am – 5:30 pm
(closed 12:30 pm - 1:00 pm for lunch)

The Hope Dispensary of Greater Bridgeport is a charitable pharmacy dedicated to serving low-income and uninsured individuals in the Bridgeport community. A member of the national Dispensary of Hope Network, the Hope Charitable Pharmacy provides short-term and long-term medication assistance to eligible patients.



Optimus Health Care

OPTIMUS at East Main

Dental Services, Pediatrics, Women's Health
982 East Main Street, Bridgeport
203-696-3260

OPTIMUS at Barnum

Adult Medicine, Podiatry, Ryan White/HIV and Transition Services
The Ludwig M. Spinelli Building
471 Barnum Avenue, Bridgeport
203-333-3030

OPTIMUS at the Ruth E. Rodriguez Wellness Center

Acupuncture, Chiropractic, Nutrition Services
975 East Main Street, Bridgeport
203-330-2783

OPTIMUS at Park City

Adult Medicine, Pediatrics, Podiatry, Women's Health
64 Black Rock Ave, Bridgeport
203-579-5000

OPTIMUS at Main Street

Pediatrics
3715 Main St, Ste 200, Bridgeport
203-371-7111

Behavioral Health is offered at most sites in addition to virtual appointments.

Scan QR code or call the office for the latest operation hours.



Primary Care Providers and Health Services for the Bridgeport Community

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Southwest Community Health Center



Services include Behavioral Health, Chiropractic, Counseling, Dental, Infectious Disease, Internal Medicine, Medication Assisted Therapy, Nutrition, OB/GYN, Pediatrics, Podiatry, Substance Abuse Counseling, and WIC.

The following health center sites are open from 8:30 am - 4:30 pm Monday through Friday:

46 Albion Street, Bridgeport

203-330-6000 (Tues. & Thurs. 4:30 pm-8:00 pm)

1046 Fairfield Avenue, Bridgeport

203-330-6054

510 Clinton Avenue, Bridgeport

203-366-4000

509 Park Avenue, Bridgeport

203-330-6000

968 Fairfield Avenue, Bridgeport

203-330-6000 (Mon. & Wed. 4:30 pm-8:00 pm)

1020 Fairfield Avenue, Bridgeport

203-330-6000

762 Lindley Street, Bridgeport

203-576-5131

968 Fairfield Avenue and 1020 Fairfield Ave are open every Saturday 9:00 am – 1:00 pm.

For information on McKinney Homeless Health Care provided at shelters, call 203-330-6000.

UB Clinics



60 Lafayette Street, Bridgeport, CT 06604

To schedule an appointment, call Fones 203-576-4137; Reception 203-576-4349.

Ask about availability of same day and next day appointments. Reduced pricing on all services.

UB Clinics assists patients with pain management and other health conditions through our acupuncture/traditional Chinese Medicine and chiropractic clinics, and Fones, the first school of dental hygiene in the world that assists patients in eliminating and preventing oral disease and maintaining optimal health. All services are provided by student interns supervised by licensed providers: dental hygienists and dentists, acupuncturists, and chiropractors.

Dental hygiene services include: Dental examination and oral cancer screening; medical and dental history review; teeth cleaning (oral prophylaxis); deep cleaning (scaling and root planning); dental x-rays; laser therapy; oral hygiene instruction; fluoride treatments and dental sealants; preventive treatments. Dental x-rays will be forwarded to the patient's dentist upon request.

Clinic hours vary by semester and location. Scan QR code for the latest operation hours.

